

## So You Want To Be An Ascended Master?

*"Enlightenment is a constant opening to and becoming one with Love or Spirit...Through that constant flow of Love, we are open to the infinite source of knowledge, wisdom and guidance from Spirit..."*

*"Intuitive Living: A Sacred Path" by Alan Seale (1997)*

Many lifetimes and about 26 years ago, I decided to open a book about Edgar Cayce that my best friend's Grandmother had recommended to us and my life changed forever. It seemed that in my short time on Earth, filled with many visions, nightmares and dreams, I was just waiting for some confirmation of my "different" path to God. As I read about Mr. Cayce, I was in awe of his ability to "hear" his inner voice and wondered how in the world I could begin to make sense of the many visions and voices I listened to every day. It amazed me that he did not speak until 9 years of age and that he was never considered an educated man, though, he could accurately quote the entire contents of the Bible. Later, I was to wonder at the prolific amount of psychic information he was to leave the world through oral tradition (recorded) and trance, without ever having earned a college degree or taken empowerment courses from New Age gurus of his day!

While doing an intuitive session with a client the other evening, I realized that I was in the presence of a mind and heart that could be one of the few, one of the rare, one of the gifted among us. She is a graduate student, well read and an excellent communicator for a 26-year old. Her curiosity, her visions and her drive to "hear" better inspired me to give her more of my time and wisdom. I thought of the many masters whose paths I had crossed and remembered fondly how many of them shared freely their time and experience so that I could continue on with my own wisdom quest. Throughout the years I have come to notice that I attract many such beacons of light who wish to become "Bridges to God's Wisdom." I laughingly compare my life's adventures to the life of Moses when I say, "Yes, I get to attract and lead the chosen to the Promised Land but, I cannot enter into it until the last little disciple makes up his mind to walk through that doorway!"

I was very young when I realized that my pipeline to God was quite unique and not the norm. Mom called my visions "hallucinations" when she would tell neighbors how I walked the halls at night talking to imaginary beings. On any given night, my sister and I would pass each other in the hallway between our bedrooms, sleepwalking, and we never knew which bed we would wake up in! My father said frequently and with wry humor, "Gwen spends more time in my bed than her mother does!" Yes, I was different.

Then, I discovered books and school and people. It was as if God was leading me away from the purity of my "gift" in order that I might eventually know the true beauty and wonder of life here on Earth. My extensive education, growing up in a fairly wealthy suburb of Washington, D.C. during my formative years and meeting many gifted healers and intuitives gave me a decided advantage over Edgar Cayce and his upbringing. I was allowed to flourish and grow in a climate that can quickly be described as the freedom of the late 1960's, complete with books of esoteric wisdom and mastery that spoke to me of masters. I read about Crowley, Bailey, Ford, St. Germaine and Cayce, to name but a few, and began my quest to inhale every subject on the occult I could find.

Three degrees and many, many teachers later, I found myself asking for a Master to follow. Someone who understood the purpose of mastery but, could also inspire me to the next place of inner elevation. I knew somehow, even through the time of renaissance (the '60's and '70's), that all our enlightenment was heading us straight into the current beginnings of reformation but, there was no doubt in my mind that my "Master" would be able to assist me in transferring the lessons of Jesus and Buddha (who both held the Christ title), to the new energy and age we were approaching in the next 300 years. I knew even as a young girl that a special Master would come to me - one that could address me in body and spirit - and I was anxious for my time at his knee. But, mastery implies the understanding of truth, freedom and eternal love. I found myself searching for a lesson plan that could transport me into the Tomb of Jesus and out the other side. I found what I was searching for in 1986.

Every time I address a workshop or client, I am inspired by the wisdom of the teacher who brought a new perspective to my life. You see, ascension is a very personal quest. My search for enlightenment is for me to find, feel right about and must involve many people and many experiences. The wisdom-

keeping of any ascension plan must involve interaction with lots of fellow human-beings! You can't ascend by being a hermit (hence John the Baptist's master plan of turning his share of the pie over to his more prolific cousin, Jesus!). I am seeing more and more students of the occult trying to go it alone with their education and meditation plans. Lots of those same seekers want to write the proverbial "psychic" bestseller that will catapult this age into mainstream understanding and, they actually believe that the Creator will feed them all the information they seek without first establishing their human credentials as a spiritual team-worker. It is never going to happen that way!

*"My work is to teach and spread the Knowledge of the Ageless Wisdom wherever I can find response..."  
(The Tibetan channeled through Alice Bailey in "A Treatise on White Magic" - 1934)*

Ascension and mastery involves enormous interaction with others as both teacher and student. Stories that have filtered back to us from tales of the Eleusian Mysteries always involve multiple lessons learned through spiritual quests. Whether we are discussing the 12 Labors of Hercules or the Knights of the Round Table pursuing the attainment of "Right through Might," we must assume that God knew what They were doing by allowing so many people to populate the Earth. We need to meet and greet as many of our fellow humans as we can on our march up the Mt. Everest of spiritual attainment. Every single person holds many pieces to God's Puzzle so, how do we expect to grow wise without sharing? First Rule of God: Share your love & wisdom.

Spiritual mastery also involves the shedding of old identities, not the loss of them. You must dance to Our tune, not your own. That means, be ready to flow, know we are always in charge and basically, your mental images mostly get in the way to stall US. So, watch the dogmatism, the judgment and that know-it-all attitude you all seem to gain from earthly institutions like public schools. Remember, knowledge does not equate to godliness! You need to start asking questions internally such as:

"How many lives have I interfered with today?

"Can I stand in God's Shadow and speak the truth as I am making a stand with a certain issue?

"Did I treat every one I met today with respect and try to see the God within them?

"Most of all, when God spoke with me today, did I act upon what I saw and heard or did I still go on with my earthly business?

You surely must realize that "walking your talk" is critical here? When the mind, body and spirit do not add up in oneness you become Paul's "clanging cymbel" and are not heard. As for interference with the plans of others, realize that your voice and wisdom must inspire, not deter a disciple from any chosen path.

We must begin ascension as we meet each day, over and over. The virtues of hope, mercy and love come to mind as tools of the trade. Be ever hopeful that the universe is governed by a Good God and that each day brings forth magic and adventure, not obstacles and tasks to toil through. Ascension is about not knowing actual outcomes but, betting on God directing them, not yourself! Therefore, the adventure will always have the right outcome, you will always be rewarded and there is enough of God's Abundance for everyone and everything.

*"The Solar Angel collects himself, scatters not his force but, in meditation deep, communicates with his reflection."*

*"A Treatise on White Magic" by Alice A. Bailey (1934)*

I wish you all the best in coming to terms with your own godly reflection and will continue with my thoughts on ascension in the next column.

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